

ROUTE:- YORK

INSTRUCTIONS	Dist.	Total Dist.	SIGNED	ROAD
Lt. out of campsite, through village to roundabout. Straight across.	0.9	0.9	SELBY	A645
At 'T' junction - Rt. onto A1041	1.3	2.2	SELBY / YORK	A1041
1st Lt. after Black Dog PH.	0.9	3.1	QUOSQUO HALL	Unclass
At 'T' junction Rt.	0.5	3.6		
Follow road round to main road - Lt.	1.2	4.8		A1041
1st Lt., Rt after level crossing to traffic lights - Lt.	2.1	6.9		
Over canal, into Brayton. At traffic lights straight on.	0.7	7.6	THORPE WILLABY	
At Thorpe Willaby second Rt.	1.4	9.0		FOX LANE
At 'T' junction Rt. onto main road.	0.4	9.4	CAWOOD	A63
1st Lt.	0.1	9.5	WISTOW / CAWOOD	Unclass
1st Lt.	1.0	10.5	CAWOOD / YORK	"
At staggard cross roads straight across.	1.9	12.4	CAWOOD	"
Into Cawood, at 'T' junction - Lt.	1.4	13.8	YORK	B1223
At traffic lights - Rt. to Ferry Inn (On Lt. prior to bridge) for coffee stop.	0.3	14.1		
From Ferry Inn Lt. over river.			YORK / NABURN	B1222
Follow road to Cross Keys Pub - Lt into Stillingfleet	2.5	16.6	YORK	B1222
Through Stillingfleet and on to Naburn, take the Rt turn into Howden Lane then Lt. up the railway embankment to join the York/Selby cycle path .	3.7	20.3		Howden Lane
Lt. -over river and take first exit Rt. (Acaster La) down embankment onto road. Rt. into Bishopthorpe.	0.5	20.8		Acaster Lane
At 'T' junction Rt.	0.6	21.4		Main St.
Follow signs for York, over ring road and along side of race course. Opposite Terry's factory turn Rt. onto cycle path.	1.5	22.9	CITY CENTRE	Cycle Path
Follow into York.	1.0	23.9		
Pick up Cycle Path at Terry Avenue and head for Selby. Through Riccal and onto Barlby. In Barlby turn Rt. into Leisure Centre for tea stop.	12.5	36.4	SELBY	Cycle Path
Rt. out of Leisure Centre, at roundabout - Rt.	1.2	37.6	SELBY	A19
Into Selby, over river, at traffic lights - Lt.	0.9	38.5		
Follow road under railway then take first Lt. over canal.	0.4	38.9		
Out of Selby, on passed Barlow Grange. At 'T' junction Lt.	1.6	40.5		Unclass
Follow river bank and bear Rt. into Barlow	1.4	41.9		Unclass.
At 'T' junction Rt., through village, first Lt.	0.3	42.2	CAMBLESFORTH	"
Take next Lt.	0.7	42.9		"
Follow road into Camblesforth, at 'T' junction Lt.	1.5	44.4		
At 'T' junction Lt.	0.4	44.8		A645
At roundabout straight on into Drax	0.7	45.5	DRAX VILLAGE	
Through village, campsite on Rt.	0.9	46.4		